



President's Desk

Jai Jinendra and greetings to all!

The past few months, in this summer season, have been so lively and busy with our temple activities! We had a successful MJK cultural program with almost 35 to 40 kids participating! We had our very eventful and glorious temple anniversary celebration! We ended the summer holidays for the kids with a weekend camp full of fun and activities! Not only that but we also had the opportunity to host and listen to Tarlaben and Shrenikbhai Gala's Swadhaya!

As we come to an ending of these hot and warm days, we are getting closer to more festivities. Paryushan has come to an end for some and have begun for others! Also, our Powerful Learning Center (PLC) reopens on Aug 25th. Kids already had a session with our Paryushan Speaker Girishbhai and it was well received!

I hope that all of you have a great rest of the year. May we all experience happiness, and good shaata during the upcoming Paryushan Parva. May we all experience self- purification and upliftment that leads us to a spiritually cleaner life in the future!

Now sit back, relax and enjoy the highlights of the past few months and other news!!

Did you know?

Paryushan Parva arrived and most of us performed the Samvatsari Pratikraman. But, why do we do that? Let's first understand what Paryushan and Pratikraman actually means.

"Paryushan" means "to stay near", and "Pratikraman" means "going back". These phrases refer to the "Atma". The real purpose of the Paryushan is to purify our soul by staying closer to our own soul, to look at our own faults, to ask for forgiveness for the mistakes we have committed and take vows to minimize our faults.

During the Pratikraman, we repent or ask for forgiveness for various deeds where we might have done wrong. It also reminds us of what is right and what is wrong, so we can attempt to prevent those things from happening again in future.

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Temple Hours:

Monday to Friday: 7:00 AM to 8:00 AM

Saturday : 10:00 AM to 11:30 AM; Sunday : 10:00 AM to 1:30 PM



Sattarbhedhi Poojan with Dhwaja Aarohan



Adhaar Abhishek Poojan

Spotlight

JCOCO celebrated its seventh anniversary on 21st and 22nd July, 2019. On 21st July, we did the Adhaar Abhishek poojan on all the deities in the temple along with the murtis that were brought to the temple by the members of the sangh. On 22nd July, we had the Sattarbhedhi poojan along with the Dhwaja Arohan program where we replaced the Dhwaja of our beautiful temple.

Aadhar Abhishek is a very sacred ritual ceremony of offering 18 different types of holy water that is mixed with sacred substances like "Chandan" (Sandal). The Jain flag has five colors which represent the Panch Paramesthi and also represents the five main vows. Through Dhwaja Arohan, we renew those vows each year.

Like every year, we have seen hundreds of sangh members come together to celebrate these auspicious events and would like to see more and more participation from them. We would also like to thank them and all the volunteers who made this a huge success.

Did you know... Contd...

Pratikraman is a combination of six avashyaks (essential rituals):

Samayik – This amounts to purification of the Self by withdrawing from all cravings and aversion.

Chauvisantho – In this, we pray to the 24 Tirthankars and admire their principal attributes.

Vandan – In this we bow down to monks and nuns and express our reverence for them.

Pratikraman – Turning back to Self. Transgression of any limitation is called Atikraman. This is popularly known as Atichar. Atichar can be said as a lapse from code of conduct. So literally Pratikraman means turning back from transgressions.

Kayotsarga – During which one gives up physical activities and concentrates upon the true nature of the soul as being distinct from the body. This is also called Meditation.

Pratyakhyan – This means taking vow or formal renunciation of certain activities. By renunciation one closes the doors to incoming of Karmas from that particular activity for a specified time.

Pathshala Corner

Jai Jinendra, the summer at PLC was quiet till the overnight summer JCOCO camp (August 9th-August 11th). Twenty-six youth between the ages of 6-14 participated. It was wonderfully planned and lead by some of our finest youth and our dedicated volunteers. The camp kicked off Friday evening with a field day of fun, team-building activities. On Saturday, the kids participated in morning yoga, reflected on and discussed topics related to Jainism, and hiked at Delaware State Park. The camp concluded Sunday morning with each child receiving JCOCO Hugs – a bag filled with positive notes from each of his or her peers. Overall, camp activities were filled with learning on Jainism & our core beliefs in fun ways, overnight giggles, bonding with our own and much more!! Special thanks to our youth volunteers who dedicated their weekend.

Hopefully everyone has enjoyed summer and are ready to get back to temple classes. Classes starts from August 25th & deadline to register for those is August 23rd. As past years we will have three levels of Pathshala classes and one class for Gujarati. Thank you to all the teacher volunteers for dedicating your time and efforts in teaching our kids.

Special Thanks

Thank you to the following patrons for preparing the lunch:

Anish Doshi, Heena Shah, Rupaben, Prabhoben, Charuben, Jyotsnaben, Hemaben, Payal Shah, Sonalben

For Detroit Sangh:

Shilpi Mehta, Kajal Shah, Payal Shah, Hema Shah, Chhaya, Vidya, Rashmi Shah, Bharti Shah, Charuben, Rupa Doshi, Anuja, Bharti-ben Shah, Surekhaben Parikh, Sugnaben

We would like to thank all the volunteers we have missed who have helped with lunch in the past few months!

Jain Recipe

Left over rotli from afternoon lunch? How about using it in a tasty way? Here is how to make Rotli Snack!

2 rotis, cut into small pieces
 1 tablespoon oil
 1 broken dry red chilli, deseeded
 ¼ teaspoon rai/mustard seeds
 ¼ teaspoon jeera/cumin seeds
 ¼ teaspoon hing/asafoetida
 8-10 curry leaves/kadi patta (for paryushan use dried curry leaves)
 1 tablespoon sing/peanuts - optional
 1 teaspoon dhaniya + jeera powder
 ½ teaspoon turmeric powder/haldi powder
 ¼ teaspoon amchur/dry mango powder
 ½ teaspoon powdered sugar- optional
 1 teaspoon sesame seeds/til
 Salt to taste

Lets Begin...

Heat 1 tablespoon oil in a non-stick pan or kadai.

Add dry red chilli, mustard seeds and cum-in seeds. Once seeds crackle, add curry leaves, hing and peanuts. Saute on a medium flame for 2-3 minutes and then add roti pieces.

Now add all the dry spice powders one by one – turmeric powder, dhaniya+jeera powder and salt. Mix and saute till roti pieces become crisp. Switch off the flame and add amchur powder, powdered sugar and sesame seeds.



JCOCO Summer Camp 2019

Community News

“Chaitya Paripati” is one of the celebrations of Jainism where Shrivak or Shrivika makes a pilgrim (jatra) to a Chaitya (Temple). Usually, this pilgrim is done after the Chaturmas for worship, prayer and meditation by visiting different Chaityas (temples).

50 Shravaks / Shrivika from Detroit Sangh made a pilgrimage to pay their obeisance as part of the Chaitya Paripati to the JCOCO, and it was a privilege for the JCOCO members to host and organize such jatras.

They were received with a warm welcome at the temple with playing of the dhol, chanting of mantras and bhajans. Thereafter all the visitors enjoyed darshan , aarti and bhakti bhavana followed by a delicious swamivatsalya dinner. Next day, Sangh took labh of santra pooja before departing for other temples.

Upcoming Events

Date	Event
3-Sep-19 to 13-Sep-19	Das Lakshana
28-Sep-19	Chaityapariapati (Tentative-MARK YOUR CALENDARS!!)
5-Oct-19 to 13-Oct-19	Ayambil Oli
5-Oct-19	Ahimsa Day Celebration
4-Oct-19 to 6-Oct-19	Shamniji Swashyaya
9-Oct-19 to 13-Oct-19	Hiteshbhao Doshi Swadhyaya
28-Oct-19	Diwali (Mahavir Nirvana Kalyanak)
29-Oct-19	New Year (Gautam Swami Keval Gyan Kalyanak - Jaap at temple)
10-Nov-19	General Body Meeting (Tentative)

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